



Emotion-Scenario Match

THIS IS A: Student Assignment ✓ Classroom Activity

SYNOPSIS:

In this activity, students will learn that emotions are the feelings that people have inside and that there are many different kinds of emotions. Students will match emotions to different scenarios.

OBJECTIVES:

- Students will match emotions to different age-appropriate situations

RECOMMENDED GRADE LEVEL: 2ND, 3RD

REQUIRED MATERIALS:

- **Emotions** (made ahead of time with index cards)
- **Scenario Cards** (cut out ahead of time)

CLASS TIME: 30 minutes

TEACHING STEPS:

1. Explain to students that emotions are the feelings that people have inside. There are many different kinds of emotions.
2. Have 12 students each take a scenario card and stand in the front of the room. (OPTIONAL: Create new scenarios on the blank cards and have students hold those as well, one student holding each scenario card.)
3. Read aloud the emotions you have written on index cards. (OPTIONAL: Create more emotions cards.) Hand the emotion index cards to the remaining students. Have students mix and mingle around the classroom finding their "match." Remember that some scenarios may match up with more than one emotion.
4. After a few minutes, stop the students and have them explain their matches. Feel free to start again by having students switch cards. Repeat as many times as you would like.



Emotions

TEACHER PREPARATION INSTRUCTIONS: Write the following emotions on index cards or slips of paper. Add others if you would like.

Bored

Angry

Disappointed

Afraid

Calm

Proud

Excited

Happy

Concerned

Confused

Sad

Cranky

Nervous

Surprised



Scenario Cards

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|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <p>I am lying down listening to my favorite song. Everything is peaceful and quiet.</p> <p>I feel...</p> | <p>I just finished all of my work for the day.</p> <p>I feel...</p> | <p>My mom just gave me the best birthday present!</p> <p>I feel...</p> |
| <p>My class just won a popcorn party for good behavior!</p> <p>I feel...</p> | <p>I didn't know that my grandparents were coming to my basketball game.</p> <p>I feel...</p> | <p>I do not understand this math homework.</p> <p>I feel...</p> |
| <p>I have to give a presentation in front of the entire class. My hands are shaking.</p> <p>I feel...</p> | <p>I woke up late this morning and forgot my lunch.</p> <p>I feel...</p> | <p>My mom and I got into a big fight and now I cannot go to the movies with my friends this weekend.</p> <p>I feel...</p> |
| <p>A student at school keeps bumping into me in the hallway on purpose and makes mean comments.</p> <p>I feel...</p> | <p>Taylor and I were supposed to go to the park together but Taylor went with Sam instead.</p> <p>I feel...</p> | <p>I just heard a really loud noise outside my window.</p> <p>I feel...</p> |

I feel...

I feel...

I feel...

I feel...

I feel...

I feel...

I feel...

I feel...

I feel...